



AVENIR DIVERSIFIED INCOME TRUST

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February 16, 2010

Calgary, Alberta – Avenir Diversified Income Trust (the "Trust" or "Avenir Trust") (TSX: AVF.UN) is pleased to announce that Mr. Dennis Balderston, CA has been appointed to the Board of Directors of Avenir Operating Corp., the administrator of the Trust. In addition, Mr. Balderston has been appointed to the Audit and Risk Management Committee of the Board of Directors. Mr. Balderston is currently an independent consultant and sits on the board of three other publicly-traded companies. Previously Mr. Balderston was an Audit partner with a national accounting firm based in Calgary. We look forward to his participation in the Trust's growth and development.

For further information please contact:

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