

AVENIR DIVERSIFIED INCOME TRUST

For Immediate Release: December 10, 2010

AVENIR DIVERSIFIED INCOME TRUST ANNOUNCES INCREASE TO EXCHANGEABLE SHARE RATIO

Calgary, Alberta – Avenir Diversified Income Trust (the "Trust" or "Avenir Trust") (TSX: AVF.UN) is pleased to announce the increase to the Exchange Ratio of the Exchangeable Shares of Avenir Exchange Corp., an indirect wholly-owned subsidiary of Avenir Trust, from 1.00000 to 1.00958. This increase will be effective on December 15, 2010. The following are the details of the calculation of the Exchange Ratio:

Record Date of Avenir Trust Distribution	Opening Exchange Ratio	Avenir Trust Distribution per Unit	Market Price as at December 1, 2010 ⁽¹⁾	Increase in Exchange Ratio ⁽¹⁾	Effective Date of the Increase in Exchange Ratio	Exchange Ratio as of Effective Date
November 30, 2010	1.00000	\$0.06	\$6.26	0.00958	December 15, 2010	1.00958

(1) The increase in the Exchange Ratio is calculated by multiplying the Avenir Diversified Income Trust monthly distribution per Unit by the Exchange Ratio immediately prior to the applicable record date for the distribution and dividing by the current market price of Avenir Diversified Income Trust Units on December 1, 2010.

A holder of Exchangeable Shares can exchange all or a portion of their holdings into Avenir Trust Units, at any time, by giving notice to their investment advisor or Olympia Trust Company of Canada at its principal transfer office, Suite 2300, 125 – 9th Avenue S.E., Calgary, Alberta.

Pursuant to the Plan of Arrangement, on January 1, 2011, Trust Units and Exchangeable Shares will convert to shares in the New Avenir Corporation.

For more information please contact:
Avenir Diversified Income Trust
Suite 300, 808 – 1st Street S.W.
Calgary, Alberta
T2P 1M9

Attention: William Gallacher
Chief Executive Officer

or

Gary Dundas
Chief Financial Officer

Telephone: (403) 237-9949

Facsimile: (403) 237-0903

The TSX Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

Forward-Looking Statements: *Certain information set forth in this press release, including a discussion of future plans and operations, contains forward looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, some of which are beyond management's control, including but not limited to, the impact of general economic conditions, industry conditions, fluctuation of commodity prices, fluctuation of foreign exchange rates, environmental risks industry competition, availability of qualified personnel and management, stock market volatility, timely and cost effective access to sufficient capital from internal and external sources. Actual results, performance or achievement could differ materially from those expressed in or implied by these forward-looking statements.*